



Dear Lake Sherwood Swimmers and Parents:

I would like to welcome you to the **2011 Lake Sherwood swim season!** I am very excited to start the new season. For those of you who are new or do not know me, my name is Erica Allen and I am a senior at St Joseph's Academy. I was on the Varsity swim team the past 2 years at SJA. I have lifeguarded at Lake Sherwood for the past 2 summers and assisted the swim team coach last year. I also taught swim lessons last summer and am going to teach private and group lessons again this summer. I love working with children and I love to swim so I know we will all have fun and it will be a great summer. I am excited to work with the swimmers again this summer and really look forward to a fun summer!

Swim team is open to all swimmers ages 4 to 18. Swimmers must be able to swim or dog paddle 1/2 length of pool. Our **Early Bird Discount Fee** for joining the team this year is \$75 for 1st child, 10% discount for 2nd and 3rd child, and 15% discount for 4th and more. The fee includes the team t-shirt cost. **After May 25th, fees go up to \$80 for each swimmer.** Registration form is attached. If interested, fill out the registration form along with your check for the fees and bring them to the first day of practice.

Our first scheduled practice will be held on **May 16th** in the evening. Ages 4-10 will start at 5:00 PM- 6:00 PM and ages 11-18 will start at 6:00 PM- 7:00 PM. Normal summer time practice begins Thursday, May 26th. Ages 4-10 will begin at 8:00 AM – 9:00 AM and ages 11-18 will start at 9:00 AM – 10:00 AM. We encourage all swimmers to attend practices through the week to learn the skills needed to compete.

The schedule for all the meets has not been posted but I will keep everyone updated as soon as I know. All regular meets will be held on Thursdays in June. We encourage all swimmers to wear any kind of blue one-piece swimsuit. Also, there will be a sign-up sheet for parents to work at our home meets at the concession stands and to work the timers.

I am looking forward to an exciting summer with your swimmers. I will keep everyone updated throughout the season by emails.

If you have any questions, feel free to contact me at eeallen92@gmail.com

You can also contact me if you would like **private swim lessons** for your child. We provide private group lessons and private single lessons. All lessons are open to ages 3 and up. For more information, feel free to contact me by the e-mail above.

Erica